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## Habits, Hopes, and Dreams Template

Get free access to the audio training for this template at [www.PlanGuy.com](http://www.PlanGuy.com). Posted January 11, 2008.

Use this template to align your daily actions with your hopes and dreams. First, what the feelings you experience most often? What are your daily habits? What do you find yourself thinking about or doing most often? Next are the Hopes, Wishes, and Dreams that are unique to you. Finally, results speak for themselves. But not everything is within our control. Our results are a function of our daily habits, skills and talents combined with our dreams and opportunities. How can you make small adjustments in your daily habits to better align your reality with your hopes and dreams?

<b>Daily Habits, Natural Tendencies and the Feelings we experiences most often.</b>	<b>Our Hopes Wishes and Dreams, Big or Small.</b>	<b>Results, not feelings. What happened?</b>

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